

What We Offer

Published on UF Sports Performance Center (<http://www.ufsportsperformance.com>)

What We Offer

The UF Department of Orthopaedics and Rehabilitation proudly offers The UF Sports Performance Center (SPC): a state-of-the-art health assessment and personal performance improvement service available to the community. Our faculty and physicians incorporate the latest research and clinical knowledge in sports medicine, wellness, performance assessment and training, injury prevention and rehabilitation. Customized services are developed for each participant. We proudly work with the UF Runners Clinic and UF Musculoskeletal Clinics to help interested patients improve personal physical abilities.

We welcome individuals of all ages, fitness levels, athletic experience and musculoskeletal needs. It is our privilege to help you achieve your health and fitness goals, whether for wellness or competitive reasons. Recreational, novice and elite participants are welcome!

Source URL: <http://www.ufsportsperformance.com/services>