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[Dr. Kevin Vincent, MD, PhD, FACSM, CAQSM](#)

Medical Director | Director, Running Medicine Clinic | Resistance Exercise Specialist

[Dr. Heather Vincent, PhD, FACSM](#)

Director | Body Composition, Metabolism, Exercise Physiology and Programming

[Dr. MaryBeth Horodyski, EdD](#)

Administrator | Sports Injury Prevention and Treatment

[Dr. Kevin Farmer, MD](#)

Sports Injury Prevention and Treatment

[Dr. Jason Zaremski, MD](#)

Sports Injury Prevention and Treatment

[Dr. Daniel Herman, MD, PhD](#)

Sports Injury Prevention and Treatment, Concussion specialist

[Kevin Vincent, MD, PhD, FACSM, CAQSM](#)

Dr. Vincent is a Fellow of the American College of Sports Medicine and received a BS in Sports Medicine at the University of Connecticut and an MS in Exercise Science at the University of Massachusetts and a Ph.D in Exercise Physiology from the University of Florida. After completing his graduate training, he attended medical school at the University of Florida. He received his residency training in Physical Medicine and Rehabilitation at the University of Virginia, where he was elected Chief Resident. He is active with research and has published numerous articles and presented nationally, particularly in the areas of sport nutrition, resistance exercise, and exercise adaptations in healthy and clinical populations. Dr. Vincent's clinical interest is musculoskeletal medicine with particular emphasis on running, overuse injuries, and participation in strength training.

[Heather Vincent, PhD, FACSM](#)

Dr. Vincent is a Fellow of the American College of Sports Medicine and completed her BS and MS degrees at the University of Massachusetts in Exercise Physiology and Biochemistry. She completed her Doctorate at the University of Florida, where she served as the Director of the UF Lifestyle Appraisal Program. She completed her NIH NCCAM Postdoctoral Fellowship at the University of Virginia. She has held faculty positions at Stetson University and Uva, and has 15 years of experience with resistance and aerobic exercise adaptations, body composition in health and disease, nutrition and weight management for individuals of all ages. She is currently a research faculty member in the Department of Orthopedics and Rehabilitation, and had published numerous articles on exercise, nutrition and body composition.

[MaryBeth Horodyski, EdD, ATC](#)

Dr. Horodyski completed graduate studies in Applied Physiology, receiving her doctorate from Columbia University and has over 20 years of experience in athletic training and exercise physiology. Currently Dr. Horodyski is the Director of Research for the Department of Orthopaedics and Rehabilitation at UF. She directs the administrative aspects of the UF Sports Performance Center.

[Kevin Farmer, MD](#)

Dr. Farmer is Board Certified by the American Academy of Orthopaedic Surgeons. He obtained a BS in Biology with a Concentration in Cell and Molecular Biology from Duke University. He obtained his Doctor of Medicine from The Johns Hopkins University School of Medicine, where he also completed his

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Orthopaedic Surgery Residency. He completed a fellowship in Sports Medicine from the UHZ Sport Medicine Institute in Miami, and a Shoulder Reconstruction Fellowship at the University of FL. He has been a team physician from the Johns Hopkins Blue Jays, Baltimore Orioles, Miami Hurricanes, Tampa Bay Buccaneers, Florida International University Golden Panthers, and has assisted the Miami Dolphins. He is currently a team physician for the Florida Gators and a faculty member for the Department of Orthopaedic Surgery. His research interests include shoulder and elbow problems in the throwing athlete.

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